

▣ = Downstrum
 ▽ = Upstrum
 (▣) = "Air" Downstrum
 (▽) = "Air" Upstrum
 × = Left Hand Mute

Strum Rhythms #1

1 $\frac{4}{4}$

Count: 1 (&) 2 (&) 3 (&) 4 (&)

2 $\frac{4}{4}$

Count: 1 & 2 & 3 & 4 &

3 $\frac{4}{4}$

Count: 1 & 2 (&) 3 & 4 (&)

4 $\frac{4}{4}$

Count: 1 e & a 2 e & a 3 e & a 4 e & a

5 $\frac{4}{4}$

Count: 1 e & a 2 (e) (&) (a) 3 e & a 4 (e) (&) (a)

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6 $\frac{4}{4}$

1 (e) & a 2 (e) & a 3 (e) & a 4 (e) & a

7 $\frac{4}{4}$

1 e & (a) 2 e & (a) 3 e & (a) 4 e & (a)

8 $\frac{4}{4}$

1 (&) 2 (&) 3 (&) 4 (&)

9 $\frac{4}{4}$

1 e & (a) 2 e & (a) 3 e & (a) 4 e & (a)

10 $\frac{4}{4}$

1 e & a 2 e & a 3 e & a 4 e & a